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*President's
 message*



It's the Little Things

Winter this year has been unusually cold for San Diego. There have been mornings where frost covers the neighbors' roofs and walking the dogs has necessitated both a wool coat and a hat. It is easy to let the cold and the rain and the gray gloomy skies impact your thoughts and even your waistline!

It is at times like these that the little things in life can really become important - savoring the warmth of that first cup of coffee, watching the birds magically hover in the wind stream, taking in the smell of the fresh rain-cleaned air, and chatting with Delta Kappa Gamma friends.

From our December Dinner and Dessert Social to our January Book Sharing to our February Tri-Chapter meeting, Gamma Chi members time and again come together to offer one another warm friendship, insightful conversation, and joyous laughter. This March, we will join together to reflect and share treasured stories of our grandparents and to look forward to the closing of winter and the beginning of spring.

It is the little things, like membership in a society of women educators, that not only enrich our lives but help carry us safely through the seasons.

Happy closing days of winter!

President Doris C.



Mission Statement

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Vision Statement

International
 Key Women Educators Impacting
 Education

Vision Statement

DKG California
 Educational - Professional -
 Making an Impact

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FOCUS ON

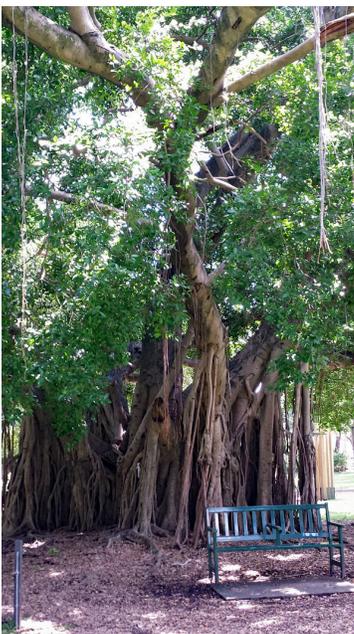
Gamma Chi Members

Memories of Australia Between Two Hemispheres



One of the silliest sights that I see during holiday time is watching Santa Claus sweating in his suit. Poor, guy, but I guess he is used to it working south of the equator where humidity and temperatures can rise to sweltering highs in December. This might seem unfamiliar to us northern hemisphere folk but it's a fact when you take a thirteen hour flight through changes in time zones, "over" the International Date Line that include sunrises and sunsets.

About thirteen years ago my son traveled to Sydney, Australia on a three month rotation plan from an accounting firm in New York City. He fell in love with Australia; with its culture, people, work ethic, and the light. (You remember that hole in the ozone layer?) There is more direct sunlight that travels to that region. He worked in Sydney, the largest city in the country, married an Aussie and has



provided me with two darling grand girls and a destination (second home) in the southern hemisphere. Sydney has mild temperatures like San Diego and is on a bay. It has many natural wonders like the famous Bondi Beach that is the home of lifeguard safety and surfers and the Blue Mountains an hour and a half by train outside the city. Sydney Bridge and the Opera House are often symbols that usher in the new

calendar year. Now my son is living in Brisbane, Queensland which is in a different state north of Sydney. Though the city has less population, Brisbane is gaining its own fame in business and resources. Son and spouse have carved a niche in this area.

I, too, have fallen in love with the country. It's huge with coastal mountains that divide its populated cities on the east coast from the desert in the center of the country. People don't go on road trips, they fly from one place to another.



Brisbane has seasons of monsoon-type rains. My son and his family live in a unique type of house called a Queenslander. It is made of timber with a "tin" roof. One of the many joys is listening to rain on the roof,

although at night possums seem to scamper along the roof top so I go to sleep listening to the tapping of claws racing back and forth. These houses were built in the early 1900's before air conditioning. These architectural jewels are built high above the ground on



stilted foundations. That way, air could circulate under and around the house. Some owners designed bottom floor rooms like my grandmother's suite. Needless to say that I get my stair steps in by using the kitchen and joining the family in the main rooms.

Beautiful scenery both in coastal areas and the hinterland are filled with prehistoric looking plants and
(continued on page 3)

Teacher Days

The students were anxious all day; teaching on the last day before any break is like pulling teeth. I had planned a test, what was I thinking?! Well, to be fair we just finished *Of Mice and Men* by John Steinbeck, and who would remember the plot after two weeks? The students managed to muddle through the quiz only on the last half of the book and spent the rest of the 50 minutes playing scrabble and theoretically, building their vocabulary. Students and teachers alike practically ran to their cars at the end of the school day. Two weeks of rest.

Ready or not, Tuesday January 3 arrived and the routine began anew: 6am wake up call, lesson plans and homework. The school is full of life this time of year. Yearbook is in its crunch time with deadlines closer and closer. ASB is busy working on pep rallies and Sadie Hawkins. Students, some sluggishly, some exuberantly head to class, listen to the lesson, while others surreptitiously text their friends or coordinate a trip to the bathroom for a rendezvous of sorts.



It's the typical high school experience. Teachers are working hard, some more, some less, mirroring the students



that walk in and out of our doors. I on the other hand, am balancing preparing my 9th grade English students to write a literary analysis essay while simultaneously entering student interviews into the yearbook mug shots -the standard images of staff and students in the yearbook. Yearbook students scramble to meet our upcoming deadline on the 12th and teachers forever try to make amends with me, the Yearbook advisor for pulling students out of their class for interviews.

This, for me is the best time of the year. I'm so busy I can't even think about how busy I am because I just don't have time to think; but I love it. I love the kids walking through the door at 7:24am, hearing their responses to the creative writing prompt on the board and even the myriad questions I answer time after time despite having already answered them in the lesson; and through it all taking every spare minute to proofread yearbook pages or enter sales or interviews. The end of the semester looms ominously, but a teacher has no time to think about that, we must focus on the present and think about that tomorrow...

Elizabeth F.

Memories of Australia Between Two Hemispheres *(continued from page 2)*

animals. Public Parks and Open Spaces create places to be enjoyed with family. The parkland days begin early (7a.m.) because of the heat. There is a beautiful free water park in the center of Brisbane city.

Shortly after I return to the U.S. I miss AU and can't wait to sit on the porch with grand daughters in Brisbane and watch the fruit bats leave their inland homes and fly towards the coast at sunset. This is one of the simple things that remind me that I am fortunate to live between two hemispheres.

Nancy W.



Tucson Treasure Hunt

Photos, l to rt: Afghan Kuchi girl; rough emerald from Panjshir Valley, Afghanistan; agate from Brazil; dinosaur from Montana; ammonite (fossilized Nautilus)

***Jewelry, gems, crystals, asteroids, fossils and more!
So much to see at this month-long world-class event.***

Every year the latter part of January, I travel to Tucson for the International Gem and Jewelry Show. I go there principally to meet with the Afghans who I worked with in Afghanistan for over 30 years, who are there marketing the gems mined in Afghanistan, and the jewelry made in the country. This was a project I started in 2002, and they continue to this day, providing a self-sufficient and sustainable income.



Most shows are open to the public with free admission.

The Tucson Gem and Mineral Society was established in 1946 as a small group interested in the hobby of mineral collecting and lapidary. From these humble beginnings was



Up until about three years ago, I also taught for Road Scholar, originally called Elderhostel. However, they have since deleted this course from their catalog.

Tucson becomes a playground for the world of international gem and mineral collecting and

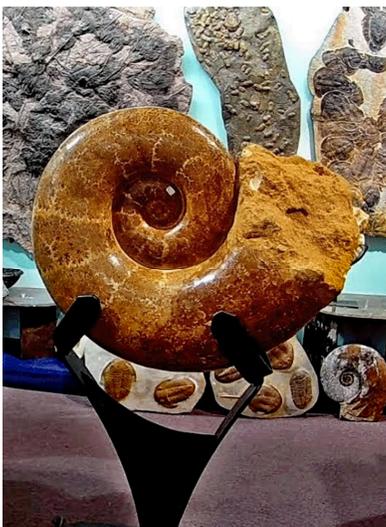
selling when the Tucson Gem, Mineral & Fossil Showcase arrives in January-February every year. The showcase is more than just one show. It actually includes more than 40 different shows at dozens of locations around town, from exhibit halls to hotels, and clusters of roadside exhibit tents. The show mix varies every year.



born the largest, oldest and most prestigious gem and mineral show in the world, which has enjoyed international stature since the 1970s.

If anyone is interested in attending this incredible event, please feel free to contact me for information and badges.

Bonita C.



NOT JUST FOR PROS

Treasure hunters from near and far come to hunt for jewelry, track down jewelry-making supplies, and browse collectibles and treasures, both rare and bargain-priced. While this event attracts serious collectors of gems, minerals, fossils, and meteorites, it's the "cool" factor that makes it one of the biggest and best events of its kind. Thousands of people from all walks of life come to gawk at gold, ooh over opals, and dig dinosaur fossils.



recap

A good book can touch your soul, heal your heart and stir your creative juices.

Gamma Chi women are truly readers as seen at our January book sharing meeting and lunch where 12 of us recommended 30 books of all genres.



Contact Bonita if you would like a copy of the recommended books.



Thirteen Gamma Chi members, husbands and guests attended our Christmas dinner at Pancho's Mexican restaurant December 15. After dinner we adjourned for dessert at the home of Bonita and Dick for a Winter Wonderland of Christmas decorations which included over 60 trees over a foot tall—5 of them being 7 feet tall and one which snows!!



Project Spotlight



I recently joined one of twenty-two units in San Diego County of the Rady Children's Hospital Auxiliary. Our small unit was the first established in the County and some of the members are friends of mine. I knew there was fundraising involved but was ignorant of the scope of the mission, which is: To work in partnership with Rady Children's Hospital San Diego and to support its mission through advocating for the health and well being of children; increasing community awareness of Rady Children's; and of fundraising.

Each month at least one member from each unit attends an educational seminar at the hospital and shares the information with the other unit members. All units attend at least one of two yearly meetings/luncheons. At the last plenary session, the main speakers included both the outgoing and incoming Hospital President and CEO, as well as one of the doctors involved in noninvasive brain surgery research.



Although funds have been raised for many programs, the auxiliary as a whole is now focusing on raising funds for spreading the word about the Endowment for Neuroscience at Rady's Institute for Genomics Medicine. Net proceeds from the The Rady Ice Rink raised \$150,000.00 MORE this past winter than the year before. These funds benefited the Thriving After Cancer program at the Peckham center for Cancer and Blood Disorders.

Far from the in-hospital volunteering I had erroneously envisioned, I am learning that both fundraising and advocacy support programs which enhance medical, psychological and emotional care for our children, as well as cutting edge research in tandem with others institutions, including UCSD.

Ellie M.



A “Most” Memorable Meeting

Delta Kappa Gamma Society International is based on 7 purposes. On February 2nd the members and guests of Gamma Chi, Beta Gamma, and Eta Iota chapters in Area XVI came together in an annual Tri-Chapter meeting bringing to life two of those purposes: “to unite women educators of the world in a genuine spiritual fellowship” and “to inform the members of current economic, social, political and educational issues so that they may participate effectively in a world society.”



Hernandez, who now works as MOST Liaison/Program Manager and Kathy Guevara, Program Coordinator. Sal and Kathy shared a fascinating and heartwarming story of how MOST volunteers have, since 1987, provided free corrective medical care to children throughout Mexico who have burn scars and birth defects. The MOST team has now made more than 80 trips to a variety of small towns to repair cleft lips and palates, treat burn scars, remove extra toes and fingers, repair hernias and correct the vision of children with crossed

The morning began with a delicious brunch of hot coffee, tea, juices, egg casseroles, breads both sweet and savory, and a wide variety of fruits all provided by chapter members. Those

eyes. They have treated over 13,900 patients, many of whom had been bullied and ostracized by society due to their afflictions. Knowing that each of these missions is funded entirely through donations with their medical staff paying their own travel expenses and often giving-up vacation time, members present at the Tri-Chapter meeting proudly gave over \$750 in on-the-spot donations. Many also pledged to attend the Annual MOST Mariachi Festival in June to help contribute even more to this most worthy of causes.

Doris C.



present had the opportunity to talk not only with their own chapter members but also to create and renew friendships with those from other chapters as well as their guests. Delta Kappa Gamma camaraderie filled the room with smiles and laughter filled the air.

Following the meal, Gamma Chi chapter member Chely Hernandez-Romero shared how over 20 years ago her mother and then her father became involved in the Mercy Outreach Surgical Team (MOST) as volunteers. She then introduced her father, Salvador





Photos, l to rt: Scale model of San Diego Old Town China; wagon; blue and white porcelain from the Ming dynasty; from the porcelain exhibit; at tea: Jacque, Carol, Ruth, Celia, Grace; Jean Cheng, board member and our hostess; Joyce, Robin, Ellie, Jeff Trace, education department and our docent, RoseAnne and Doris

San Diego Chinese Historical Museum

The United States Debut World in Porcelain Exhibit

Gamma Chi and guests met at the San Diego Chinese Historical Museum on January 18 to tour the World in Porcelain exhibit which made its United States debut. The exclusive porcelain pieces span three centuries of trade history, highlighting the fascination Europeans had with technically sophisticated “Fine China”, beginning in the mid-1500s during the Ming Dynasty until the early 1800s and the Qing Dynasty.



Porcelain, from an Italian word, was a ceramic high-fire ware developed in China about 2,000 years ago. ‘Made in China’ was once the ultimate mark of sophistication for Western porcelain enthusiasts. Chinese export porcelain was crafted with the same technical virtuosity as Chinese Imperial porcelain but designed to Western taste. Designs were of both Chinese and Western motifs.

After our personal tour, we walked over to Museum’s Learning Center for a hosted lunch and tea. Too few Californians know of this gem of a Museum. It not only informatively displays the ethnographic artifacts but hosts unique cultural events including lectures, music, art, and even walking tours of the Chinese District and Tai Chi in the Garden. It encompasses what a Museum should be - the whole of a society - both the Chinese and the Chinese American.



*Grace Johnson
Emerita
Curator
San Diego
Museum of
Man*





2019 theme:

Visionary Women: Champions of Peace & Nonviolence

Women's History Month is an annual declared month that highlights the contributions of women to events in history and contemporary society. It is celebrated during March corresponding with International Women's Day on March 8.

Officers:

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Doris Christopher

Vice President/Programs

Bonita Chamberlin

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Nancy Windus

Corresponding Secretary

Joyce Hackworth

Treasurer

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Parliamentarian

RoseAnne Goodrow

Historian

Carol Lockwood

World Fellowship

RoseAnne Goodrow

Legislature

Samantha Swann

Scholarship

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Joan Hosaka

Editor

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DKG CA:

<http://dkgca.org>

Area XVI:

<http://www.dkg-areaxvi.org>

Gamma Chi:

www.dkg-gammachi.org

International: www.dkg.org

Twitter:

<https://twitter.com/DKGareaXVI>

Facebook:

<https://www.facebook.com/dkg.areaxvi>

DKG app:

<https://itunes.apple.com/us/app/delta-kappa-gamma-society/id538108613?mt=8>

- In the United States, Women's History Month traces its beginnings back to the first International Women's Day in 1911.
- In 1978, the school district of Sonoma, California participated in Women's History Week.
- In 1979 a 15-day conference about women's history was held at Sarah Lawrence College. When they learned about the success of the California celebration, they initiated similar celebrations within their own organizations, communities, and school districts.
- In February 1980, President Carter issued a presidential proclamation declaring the week of March 8 as National Women's History Week.
- Schools across the country began to have their own local celebrations of Women's History Week and even Women's History Month.
- By 1986, fourteen states had declared March as Women's History Month.
- In 1987 Congress passed a resolution which designated the month of March 1987 as Women's History Month.
- Between 1988 and 1994, Congress passed resolutions authorizing the President to proclaim March of each year as Women's History Month.
- Since 1988, U.S. presidents have issued annual proclamations designating the month of March as Women's History Month.
- State departments of education began to encourage celebrations of Women's History Month as a way to promote equality among the sexes in the classroom.
- Maryland, Pennsylvania, Alaska, New York, Oregon, and other states developed and distributed curriculum materials in all of their public schools, which prompted educational events such as essay contests.
- Within a few years, thousands of schools and communities began to celebrate Women's History Month. They planned engaging and stimulating programs about women's roles in history and society, with support and encouragement from governors, city councils, school boards, and the U.S. Congress.

Happy Birthday!

February 25	Pam B.
April 12	Samantha S.
April 30	Nancy W.
May 9	Joyce H.
May 22	Joan H.
May 22	Terri Nelson

You are powerful, beautiful, brilliant and brave.



Travel Tips

Planning for the Unexpected

A last minute decision eased an unexpected traumatic event. Before heading to our two favorite Hawaiian Islands, Maui and Kauai, I put the signed CPR/POLST* document with our trip papers. Little did I think it would be needed or so helpful. My husband’s heart gave out and he left peacefully. The resort had to call 911/emergency. Having the CPR/POLST document in hand for the Fire Chief eliminated any attempt at resuscitation.

Considerations when planning:

BEFORE TRIP Ask your health provider what forms preferred
EXAMPLES
Physicians Orders for Life Sustaining Treatment (POLST)
Health Care Directives
Wishes, e.g. culture, religious

Leave a copy of documents with both your Health Care Provider and your Primary Health Care Agent, e.g., your spouse and/or adult child.

TAKE ON TRIP Required Information Card
PERSONAL
Date of birth
Social Security #
Mother’s maiden name
Physician name and contact info
Health Care Provider contact information
Primary Health Care Agent
LEGAL
CPR/POLST

Now I truly realize the importance of advance planning.

Jean K.

* **POLST** (Provider Orders for Life-Sustaining Treatment) is an approach to improving end-of-life care in the United States, encouraging providers to speak with patients and create specific medical orders to be honored by health care workers during a medical crisis.

Gamma Chi and Area XVI

Wednesday, March 13, 4:00 P.M., Remembering Our Grandparents, Home of Joan H.

Saturday, March 16, 9:30 A.M. to 1:30 P.M., Area X 90th Birthday, Twin Oaks Golf Club, 1425 North Twin Oaks Valley Road, San Marcos

Saturday, March 30, 9:00 A.M., Spring Circles of Celebration, Handlery Hotel, Mission Valley, Jennie Uribe, Chair

Monday, April 15, 11:30 A.M., The Challenges of Teaching in a remote Alaskan Village, Terri N., home of Doris C.

Saturday to Sunday, May 4 and 5, 9:00 A.M. to 4:00 P.M., La Mesa Annual Plant Sale, St. Andrews Episcopal Church, 4816 Glen Street, La Mesa

Tuesday, May 14, 10:00 A.M., Art Tour of County Administration Complex



Legend

DKG Area XVI Gamma Chi General

California State Organization

Friday to Sunday, May 3 to 5, DKG California Convention, San Francisco Airport Marriott

DKG Regional and International

July 16-20, 2019 SW Regional Conference, Costa Mesa, CA

IT'S NOT TOO



TO MAKE YOUR RESERVATION.

Interested? Call Sandy at (619) 222-7283 or email her at SDBarstow@aol.com.

HANDLERY HOTEL
SAN DIEGO

Spring Circles of Celebration

Saturday, March 30, 8:30 A.M.

Honoring Our Own

Make check payable to Delta Kappa Gamma Area XVI

\$35 before deadline of 3/15/19; \$40 after deadline. \$45 at door. No refunds after 3/29/19.

Mail to: Sandy Barstow, 3333 Poe Street, San Diego, CA 92106, (619) 222-7283.

Or email credit card information to: SDBarstow@aol.com

Table assignments are by chapter. However, if your reservation is made after the deadline (3/15/19), by phone, or you arrive without a reservation, seating will be at random on a space available basis.

Name: _____ Email: _____

Chapter, Area, Title (for name tag): _____ Credit Card: _____

Exp. Date: _____ CVV Code: _____ Guest(s): _____

Total # of Reservations/Buffer Breakfasts: _____ Total amount enclosed/charged: _____

Upcoming EVENTS

Area X HAPPY BIRTHDAY 90TH

Come help celebrate Area X 90th birthday with a tribute to our founders. Awards luncheon is on

Date: Saturday, March 16th
 Place: Twin Oaks Golf Club
 San Marcos.
 Registration: 9:30 A.M.
 Program: 10:00 A.M. to 1:15 P.M.

Interested? Contact Lynette Lange at
 LynetteLangeDKG@gmail.com

Remembering Our

grandparents

March 13 4:00 P.M.

Home of Joan H., see directory for details



SeaWorld

SeaWorld San Diego is proud to offer a complimentary Teacher Fun Card plus (2) free Single-Day Tickets to all active and certified K-12 California and Arizona credentialed school teachers. (You can be a working or retired educator; you just need an active teaching credential.) The registration deadline for the 2019 Teacher Fun Card Program is April 30, 2019. Go online at <https://seaworld.com/san-diego/tickets/teacher-free-admission/> for additional information.

**CLICK ON
TEACHER ID
TO
PRE-REGISTER**

**MUST PRE-REGISTER ONLINE.
NOT AVAILABLE AT THE PARK.**

Teacher ID



The Travel Exhibition of
**"Herstory — Chinese American Women,
 165 Years of Struggle and Success"**

San Diego Chinese Historical Museum

The earliest Chinese American women came to the U.S. in 1785. They were mostly merchant's wife and housemaids. In the pursuing 165 years, they established an impressive legal history fighting for their human rights to become American citizens, and then, fighting for their dignity as American citizens. We put together milestone legal stories involving them since 1853 and celebrate these great women with installation artworks and video artworks. We intend to break away from the usual historical posters exhibitions, and to show that art speaks louder than words!

Explore the suffrage movement from the Seneca Falls Convention in 1848 to the passing of the 19th amendment. The journey towards the American woman's enfranchisement, spanning the late 19th century into the early 20th century, was persistently defined by a spirit of female courage, perseverance, and loud mobilization. The Women's Museum of California, gives great due to the activists who lived this movement through two general lenses: firstly, through the stories of individual suffragists themselves, and secondly, through the greater narratives of the movement at the state and national levels, as well as within communities of color.



Women's Museum of California

2730 Historic Decatur Road, Suite 103, San Diego, CA 92106

Phone: (619) 233-7963



Saturday, June 1, 2019; 6-10 P.M.